in assessing one’s sporting skills and willing to accept tinging intricate sporting movement? Can one be honest nitive, and physical strengths and shortcomings. How not only through ongoing intellectual examination of self. A Candid Look at How Much Students Learn and Why They Should Be Learning More, Derek Bok recognized the lib- eral learning value of playing competitive sport, how “students are much more likely to learn about working effectively with others from playing on an athletic team … than from the solitary experience of attending class- es and studying in the library.” “In the trying to think more carefully and precisely about ethical ques- tions one can take place both in classes on moral reasoning and on athletic teams.” Athletic teams are also optimal environments for promoting interpersonal understanding since, perhaps more than any undergraduate activi- ty, athletics often brings people together from diverse ethnic and socioeconomic backgrounds. Bok alludes to the research of psychologist Gordon Allport, who found that the optimal condition to effect interracial under- standing is when there is “sustained” contact. Compet- itive athletics provides this condition.

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